ANGEL React Occupational Safety Checklist: Shift Work

Fewer accidents at work and more health for your employees.



WELCOME!

Thank you for checking out our occupational safety checklist for shift work downloaded. We created it for you to find out how you can promote the health of your employees.

Implement the following six points to reduce workplace accidents.

Shift workers, in particular, suffer from an increased risk of accidents. The lack of sleep or the altered sleep rhythm lead to psychological problems that favor accidents. Last, the risk can also be minimized using suitable protective equipment.

Increase the safety of your employees now and implement the steps.

We wish you a lot of joy and success.

Your ANGEL React Team from ADRESYS



OCCUPATIONAL SAFETY CHECKLIST: SHIFT WORK

1st point: protective equipment Our company provides (more than) what is required by law equipment and ensures it is worn. (Bonus: Our company offers protective equipment)
2nd point: shift work Our company offers forward rotating shift systems instead long rotating layer systems. So we have two mornings, two late shifts, and two-night shifts instead of changing the weekly shift type.
3rd point; compensatory activities Our company ensures that employees take sufficient breaks and are offered sports at a low cost. Also, massages/physiotherapy are offered.
4th point: Relief for older employees Especially in shift work, our company relieves older employees by offering them time off in lieu.
5th point: Offer of occupational medical examinations In our company, employees regularly have the opportunity to be examined by an occupational health practitioner.
6th point: Information, education, and offers Our company not only informs employees about a healthy lifestyle, but we also help to implement it (e.g., with a healthy, hot meal).

QUESTIONS OR FEEDBACK?





If you'd like to know more about the ANGELReact products or our company, please look at our homepage or get in touch with Johannes Bosch.

> johannes.bosch@adresys.com +43 59495 6938

> > www.adresys.com